

Round Table Diabetes and Eye Care

10-11th September, MET Convention Centre, Bandra West, Mumbai







ABOUT RISE 2015

RISE 2015 was held on the 10th and 11th of Sept, at the MET Institute of Management, Bandra. RISE which stands for the shared values Responsible, Inclusive, Sustainable, and Eco-friendly, has been conceived as a platform for Capacity Building and Collaboration. This year's theme of "Breakthrough Innovations", is a platform for CSR and Affirmative Action to:

- 1. Actively engage participants in an inclusive, flexible and non-competitive format
- 2. Bring down outreach / visibility costs for development sector organisations through joint infrastructure and shared networks
- 3. Cut across silos for multi-stakeholder dialogue on a spectrum of issues
- 4. Design solutions that leverage strengths and resources for integrated development

THE SECTORS

RISE 2015 intended to set the stage for deeper engagement between Government, the Private and Development Sector, Social Enterprises and Impact Investors on:

- Issues that addressed 8 Impact sectors–Health, Livelihood, Education, Women, Water, Disaster, Road Safety & Employee Engagement
- 2. Other topics such as Resources for development People, Technology, Finance, Markets, HR, Communication & Media, Gender & Climate Change, Monitoring and Evaluation

THE FORMAT

RISE 2015 consisted of

- 1. **ROUNDTABLES** Interactive sessions among Key Opinion Leaders, Special Interest Groups to discuss issues and work towards solutions
- 2. WORKSHOPS Intensive consultation with subject matter expert in focus groups
- 3. CHAT TABLES Informal conversation between relevant participants
- 4. EXHIBITION AREA / DISPLAY TABLES Space for display, live demos and walk-ins

Roundtable Format

The roundtables have been designed using an anchor and project approach wherein discussion are held over and around a predefined program/Project or area identified by the anchor, moderated by an Industry expert/practitioner; Participants included industry, government, social enterprises, academia and civil society members.

The roundtables served as a need assessment tool to map potential resources and areas of collaboration. They also help to find the needs of the sector, experiential learning's and validate them in the discussions

We extend a welcome to all the stakeholders to join us and take action based on the outcomes of the roundtable.

For more information or any query please contact devashish.dass@idobro.com or 9823232668

ROUNDTABLE FOR DIABETES & EYE CARE

CO-HOSTED BY ALLERGAN

I. OBJECTIVES OF THE ROUNDTABLE

A Crusade against Diabetic Retinopathy

The objective of the Roundtable on Diabetic Retinopathy was to discuss best methods to improve Awareness, Knowledge, Treatment Skills and Social Empathy towards yet little known prevalent Ophthalmological conditions caused by diabetes.

The participants invited were ophthalmologists, nutritionists, Corporates, NGOs, Academicians, social workers, and a few Diabetics.

II. FOCUS OF THE DISCUSSION

India is said to be the diabetic capital of the world. According to a recent survey about 40% of the people are diabetic out of which the major lot is the younger generation. Younger kids these days are more susceptible to getting diabetes because of their lifestyle, unhealthy food habits, careless attitude towards life, etc. Diabetic Retinopathy is one of the largest sight-threatening conditions in the country. It was seen that more often than not, the patient visits the doctor only after the disease has affected the eye, even though, the retina gets affected only after a period of 10 years after diabetes has set in.

Various public camps by organizations like Rotary and Lion clubs, have been arranged giving free diabetic checkups in various parts of the city to help detect diabetes at an early stage, but there is a huge gap between what needs to be done.

A lot of awareness has been created by social workers who go door to door to convince people to go for a diabetic checkup, but people rarely respond. More effort has to be taken to educate these social workers who can educate other people about the various effects and causes of diabetes thereby creating greater impact.

Awareness is the key to solving the rising number of diabetics. Education on diabetes and its ill -effects must be given at various places like schools, colleges, offices, rural areas, etc. If possible, the government should make it an essential topic in the syllabus for children.



III. OUTCOME OF THE ROUNDTABLE

The Roundtable aimed at discussing the possibility of defining a plan to

- Build end-to-end disease awareness beginning from awareness about the Disease to Detection, Diagnosis & Treatment
- Support economically challenged patients to access world-class therapies
- Upgrade technical skills of Healthcare Providers

It was discussed and seen that one of the most effective ways to spread awareness about the disease was through the "arogya sevikas" who visit the homes in the communities and have detailed histories of the family members. However, the challenge was that the sevikas need to be trained, and also be given more time for each awareness program, in view of the numbers that have to be reached.

A more effective use of social media and mobile apps was also a suggested method to reach to and educate the masses, especially as persons from all sections of the community are using mobile phones and the internet.

PROJECT BENEFICIARIES

- Communities in all the municipality wards
- Diabetics, especially those suffering from the disease for more than five years

PARTICIPANTS AND COLLABORATORS

The participants included persons from the Government, Corporate and NGO Sector, Academia, Practitioners, trainers

Experts in the roundtable were: Dr G Padmaraj (Allergan), Dr Chinmay Sahu, Dr Ahuja, Dr Natarajan, Dr Ameya Joshi

Potential Collaborators

- Corporate and enterprises Kajal Bhatia Natural Health, Body Cocoon,
- Individual/Consultant Raghavanad Haridas
- Academia- Wellingkar, MET, We School
- Hospitals Shroff Eye Hospital, Dr.Kedia's Diabetes total care clinic, Insight Eye Clinc, Sahu Eye Hospital, Seven Hills Hospital, Bhakti Vedanta Hospital
- Govt KEM Hospital, H/W Federation, BMC
- NGOs Swayam Prathishtan, Aajicare Home Health Services Pvt. Ltd, Ennovent, Aditya Jyot Foundation, Watch Foundation, Helping Hand Foundation, GoQii, Rotary club of Mumbai North End, Rotary club, H T Foundation, Muskan Foundation, Impfa, Freedom 4 U NGO, Voice Vision, Americares



Idobro Impact Solutions

121, East West Industrial Centre, Safed Pool, Andheri Kurla Road, Andheri (E), Mumbai - 400072 +91 22 65730776 | info@idobro.com | www.idobro.com

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